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ST. ANDREWS WEST COMMUNITY FEST

Fri. Aug. 15, 2025 - from 7 PM to 9 PM

Sat. Aug. 16, 2025 - from 8 AM to 7 PM

St. Andrews West Sports field



PANCAKE BREAKFAST

Sat. August 16, 8 am to 10 am - Rinkside

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Children's Movie Night
Friday, August 15, 7pm

Children's Talent Contest (18 & under)
Sat. Aug. 16, 2025 - Registration 11 am to 1pm
Contest 5:30 pm
To register, call 613-363-8884
Cash Prizes - 1st place \$100, 2nd - \$50, 3rd - \$25
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RETURN OF THE
FRENCH FRY



That's right, fries are back in Ingleside. They returned to Relic Outfitters. Same great location as last year's tenant. But...a new Fry King has taken over. The owners of Relic...

(Continued on page 2)



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(Continued from page 1)

...Outfitters got all the permits and licenses to take care of the business themselves.

A member of the Fry Family is along for the ride as well. Some say the BEST Poutine around.

Well...there's not much around to compare with but most Poutine lovers say Relic Outfitters are pretty darn good..

There are also hot dogs and sausage on a bun with a variety of cold drinks to quench your thirst.

There is enough parking at this awesome location in Ingleside off Cty Rd #2 across from the entrance to the St. Lawrence Parks Campground.

The food stand is open 11-3 PM Wednesday to Sunday. Come and meet



I hope you are managing to stay cool during yet another heatwave. Thinking of cooler weather, we are preparing for our Christmas Market on 15th November, from 2 to 4 pm, at the Stormont Township Hall. If you are a vendor or know one, you can now register for the event. Tables cost \$15 for members and \$30 for non-members. For more information and to reserve your spot, please contact Gloria at 613-330-5047 or gwaldroff@icloud.com. The bus trip to Montreal is fully booked. Thanks to everyone who registered. To stay updated with all the news and events, you can follow us on our Facebook page at www.facebook.com/Fcs67. Why not become a member and gain access to all our activities? Membership costs \$20 per year.

Ginette Guy Mayer
Vice-president



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LOST VILLAGES HISTORICAL SOCIETY

There has been a flurry of activities at the Lost Villages Museum and within the historical society during the past two week. It doesn't look like there will be a slowdown anytime soon, and that bodes well for the organization.

On Thursday, July 17th, the doors to the Stuart House were opened to visitors for the first time since January's devastating flood. With the restoration of the basement completed, the cleaning and preparation of displays on the main floor were completed over a three week period. Many new displays were arranged at this house and we have been prepared in a bilingual format. In rearranging displays, we were able to set up Granny Stuart's bedroom on the main floor of the house. We now interpret the story of having an aged family member living with the family. In this case, it's Linda (Fisher) Stuart, widow of Wallace Roy Stuart.

On Thursday, July 24th, the beautiful oak table that was donated to the museum by Todd Konink was placed in the Memorial Reading Room (Archives). Much restoration work was done to get the table restored to its former glory, and we are thrilled to relate its provenance to visitors to

the museum. A shipping label under the table shows that it was manufactured by the Daniel Knechtel Furniture Manufacturing Co. from Hanover, Walkerton, and Southamton, Ontario and shipped to Ransom Limited, Wales. Being that Dickinson's Landing did not have a railway station, and the Ransom Ltd. store was in Dickinson's Landing, the table was shipped to Wales, the nearest railway station.

On Thursday, July 24th, Art Buckland, Andrew Emard, Paul Gunther, Patty Gunther, Eslam Hamed, and Marc Pilon (posthumously) were awarded Ontario Volunteer Service Awards at the Ramada Wyndham Inn Cornwall for their volunteer work with the Lost Villages Historical Society. Diana Pilon accepted the award on behalf of her late husband. The historical society and community congratulates these volunteers.

On Wednesday, August 6th, President Jim Brownell will travel to Cape Vincent, New York, and address the members and friends of the Cape Vincent Arts Council on the Lost Villages. A power point presentation will be given, and he has been requested to introduce and relate information on the publication of "A Tour Through the Lands of the Lost Villages".

By Jim Brownell

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Can you spot 12 differences between these pictures?



Solution: 1. Tie on player's headband is missing. 2. Handle on pail is missing. 3. Player's sock is missing. 4. Tail on blimp is colored in. 5. Part of soccer ball is colored in. 6. Whistle is colored in. 7. Cloud has moved. 8. Spectators under banner have moved. 9. Pattern on shorts is larger. 10. Design on shoe is upside down. 11. Crest on sleeve is different. 12. Sleeve is shorter.



FCSC Bus Tour – August 20th Montreal Botanical Gardens & Port of Montreal Cruise

Join us for a full-day summer adventure to Montreal on Wednesday, August 20th!

Tentative Pick-Up Times

- 8:30 AM – Ingleside
- Then Long Sault before heading to Montreal

• Return approx. 7:30 PM
First Stop: Montreal Botanical Gardens
Explore one of the world's greatest botanical gardens!

Includes a hop-on/hop-off train ride – ideal for those with limited mobility.

Time for a light lunch on-site.

Then: Cruise or Explore the Port

Enjoy a guided cruise of the Port of Montreal

OR

- Browse the port area

- Visit a nearby museum (self-guided)

Cost Estimate

- FCSC Members: \$95
- Non-Members: \$105

(Price includes both tours and transportation, based on 50 participants. Pricing may adjust slightly depending on selected activity.)

We're travelling in comfort with a 54-passenger coach from 417 Bus Lines – space is limited!

Reserve Your Spot

Email Gloria at gwaldroff@icloud.com

Include:

- Your full name
- Activity preferences (Gardens, Cruise, or Port Visit)
- Names and choices of anyone joining you

If you don't receive a reply within 1–2 days, feel free to call Gloria at 613-330-5047.

Ginette Guy Mayer
Vice-president FCSC

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AND NOTICES FOR THE NEXT
EDITION IS AUGUST 13**

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TRIVIA

1. What is a group of crows called?
a) Flock b) Wretch c) Murder
d) Niche
2. Which animal has the biggest eyeballs?
a) Giraffe b) Colossal Squid
c) Hippopotamus d) African Elephant
3. What year did Neil Armstrong walk on the moon?
a) 1965 b) 1968
c) 1969 d) 1970
4. What city was the first capital of the USA?
a) Philadelphia b) Boston
c) New York City d) Dover
5. What blood type is known as the universal donor?
a) A+ b) A- c) O+
d) O-
6. Which of the following countries "do not" make up the United Kingdom?
a) England b) Scotland c) Wales
d) Southern Ireland
7. What is the longest river in the world?
a) St. Lawrence b) Gangi
c) Nile d) Mississippi
8. What disease hospitalized Ringo Star before he became the drummer for The Beatles?
a) Measles
b) Tuberculosis c) Scabies d) Mumps
9. Who is the highest paid comedian of all time?
a) Kevin Hart b) Jerry Seinfeld
c) Terry Fator d) Amy Schumer
10. Which is the No. #1 hotel chain in the world?
a) Hilton Worldwide
b) Marriott International c) Jin Jiang
d) Wyndham Hotel Group

Answers on page 4

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TRIVIA ANSWERS

1. c) Murder
2. b) Colossal Squid
3. c) 1969
4. a) Philadelphia
5. d) O negative
6. d) Southern Ireland (Northern Ireland does)
7. c) Nile
8. b) Tuberculosis
9. a) Kevin Hart
10. b) Marriott International

"Whatever you do, always give 100% — unless you're donating blood."
— *Bill Murray*

"The road to success is always under construction." — *Lily Tomlin*

KIDS MAKE YOU LAUGH

A little three year old boy is sitting on the toilet.

His mother thinks he has been in there too long, so she goes in to see what's up.

The little boy is sitting on the toilet reading a book.

But about every ten seconds or so he puts the book down, grips onto to the toilet seat with his left hand and hits himself on top of the head with his right hand.

His mother says, "Billy, are you all right? You've been in here for a while..."

Billy says, "I'm fine, Mommy...I just haven't gone 'doody' yet."

Mother says, " Okay, you can stay here a few more minutes. But, Billy, why are you hitting yourself on the head?"

Billy says, "Works for ketchup."



St. Matthews Community Supper — Memorial Square Ingleside
Next Community Supper — Thursday, August 7th 5:30 PM
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A Fusion of Modern Wellness Technology

Recall in our last issue, we talked about the benefits "grounding", we can learn more here about an innovative wellness device gaining traction for its unique combination of Pulsed Electromagnetic Field (PEMF) therapy and Terahertz (THz) wave technology.

This non-invasive system aims to support overall well-being by addressing health at a cellular level.

At its core, PEMF, a technology that applies pulsating electromagnetic fields to the body. This is believed to stimulate cellular repair, improve circulation, alleviate pain, and reduce inflammation.

Complementing PEMF, Terahertz wave technology utilizes frequencies that resonate closely with human cell vibrations. This synergy has been shown to enhance detoxification, improve oxygenation, and restore vitality.

The device is marketed with a range of potential benefits, including

- improved sleep quality
- strengthened immunity
- enhanced mental clarity
- stress reduction
- and even anti-aging effects.

Users typically place their bare feet on the platform to allow the energy frequencies to penetrate the body for a holistic wellness experience.

Beyond the main unit, some versions come with accessories like the Frost Age Beauty Device (combining RF and EMS for skin rejuvenation) and the Revitaluxe Massager (offering EMS, TENS, and red-light therapy). With features like 20-level intensity control and infrared remote operation, the unit aims to provide a customizable and user-friendly approach to personal health.

This amazing device represents a fascinating intersection of modern technology and the pursuit of holistic health.

While anecdotal reports and testimonials highlight positive experiences, it's always advisable to consult a healthcare provider before starting any new wellness regimen, particularly if you have pre-existing medical conditions.

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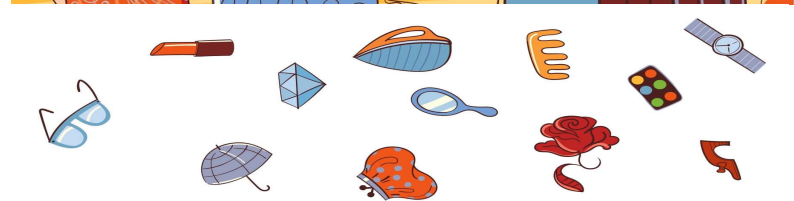
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WOODLAND VILLA COUNTRY FAIR

Wednesday, August 20th
10:00-3:00

Music, games, food, lots of fun for everyone!

We have a lot of fun activities planned for this day. We will be doing a bake sale to raise money for resident council. We're are looking for volunteers to help with various tasks at the fair as well as baked goods for this event.

If you can volunteer your time, please write your name down on the paper. If you are able to donate baked goods could you please write it on the sheet provided.

Thank you! We look forward to this fun event.



TICKET to FUN



Nature Scavenger Hunt

Lakeview Heights Beach
August 5th
1:00-2:00pm

Registration opens July 22nd!



Royal Tea Party

MacLennan Park in Rosedale Terrace
August 6th
11:30am-1:00pm

Registration opens July 23rd!



AMAZING RACE

Ingleside Community Park
August 7th
1:00-2:00pm

Registration opens July 24th!



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